



**School Health Advisory Council
October 29, 2020
Meeting Minutes Approved December 3, 2020**

The first KISD School Health Advisory Council (SHAC) meeting for the 2020/2021 school year was held on Thursday, October 29, 2020 via Zoom due to pandemic restrictions related to restricted in-person group gatherings. The meeting was called to order by Tricia Atzger-John, RN - KISD Director of Health Services - at 9:30 a.m.

Members present:

Tricia Atzger-John
Candace Harriman
McKensie Montgomery
Sheri Rich
Sergio Salinas
Dr. Tonya Fuqua
Dr. Casey Sanders
Dr. Justin Fairless
Kierra Woods
Kimberly Boone
Autumn Morris
Yolanda Gilstrap
Jennifer Willis
Mark Brems
Ed Kotar
Mackenzie Kang
Clarissa Marchalk
Jennifer Mitchell
Andrea Gaszak

Tricia introduced several of the Keller ISD school district employees participating in the SHAC committee, as well as various community partners who provide health services to the students of Keller ISD.

Tricia Atzger-John explained that the School Health Advisory Council (SHAC) is intended to be a parent led organization that is appointed by the school district to represent the local community values as it relates to health education. Every school year, the board of trustees approves SHAC membership. During the 2020/2021 school year, the goal is to establish a parent led leadership team for the Keller ISD SHAC. Tricia asked for a parent volunteer to act as the SHAC Co-Chair for the 2020/2021 School Year. Dr. Casey Sanders volunteered for this position. There were no other volunteers and no objections presented. Dr. Casey Sanders agreed to act in this capacity for the school year.

As the SHAC is transitioned to a parent led council, bylaws need to be drafted. Tricia asked the group for volunteers to lead this project. There were four volunteers from the group:

1. Dr. Justin Fairless
2. Kierra Woods
3. Dr. Casey Sanders
4. Kimberly Boone

There were no objections from the group to have the volunteers begin the work of drafting bylaws for the council.

Tricia shared a brief department update for Health Services. The team is working diligently through reported COVID cases. Nurses, athletic trainers and campus leadership are collaborating together in contact tracing efforts.

McKensie Montgomery, KISD Dietician, shared that all students in Keller ISD will have the opportunity to be provided free breakfast and lunch beginning November 4, 2020 through the SSO-Seamless Summer Option program. She further explained that this program will also continue for students participating in the remote learning environment. Meals are distributed to remote students on 5 days of the week .

Sheri Rich, Director of Employee Benefits - KISD, presented employee wellness programs held throughout the fall semester. Several campuses encourage student participation in the employee health challenges. Over the summer, the district held a fitness challenge for employees. During the month of November, there is "No Soda November" and a Hydration Challenge. Employees are encouraged to sign up for these challenges either as a solo participant or in small teams. Individuals or teams who complete the challenges are eligible for a drawing at the end of each challenge.

Kierra Woods from the Stay on Track coalition presented on programs offered to the students of Keller ISD. Stay on Track brings many offerings related to building a drug-free community to students through the efforts of partnerships with various local organizations. For example, Lucas Funeral Homes provided Stay on Track the opportunity to utilize their billboard on Golden Triangle Blvd near Sam's Club for a month every fall semester. This year's theme is related to parents providing alcohol to teens. Kierra would like to begin a Stay on Track youth coalition with KISD students. Stay on Track meets monthly, every 2nd Tuesday of the month. Kierra invited anyone who is interested to let her know so she can send them an invitation.

Dr. Tonya Fuqua, Director of Cook Children's Oral Health Program - Save a Smile, introduced the program to the SHAC. Save a Smile provides oral health screenings and oral health kits for students who attend three KISD schools (Parkview ES, Whitley Road ES and at the Early Learning Center - South campus). In addition to the screenings, the program provides free dental care to students identified with dental caries through partnerships with area dentists who volunteer their services. Due to the pandemic times, Save a Smile is creating avenues to support students across the district. For example, by providing oral health kits for students who attended our immunization clinics in August. If a student is in need of dental services, any campus may reach out to Save a Smile for a referral. Ongoing conversations continue as we plan for more outreach in the upcoming months.

Tricia provided future SHAC meeting dates: December 3, 2020; February 18, 2021; April 15, 2021. All meetings will be held by Zoom from 9:30 a.m. - 10:30 a.m.

Meeting was adjourned at 10:05 a.m. by Tricia Atzger-John, RN.