



**Keller Independent School District
Concussion Management Protocol**

Athlete Name: _____ Injury Date: _____

Sport: _____ Campus: _____

- 1) Athlete evaluated to have sustained a possible closed head injury
 - Extreme symptoms = Refer immediately for medical evaluation (documentation required) as mandated HB 2038
 - No extreme symptoms = Concussion Home Instruction form sent home to parents and Concussion Management Protocol discussed
- 2) If immediate referral is not needed, reassessment will take place 24-48 hours post injury to determine if symptoms still existent. The student athlete will be evaluated by Keller ISD medical staff to determine the need to see a physician and enter the Keller ISD closed head injury protocol.
- 3) **Soft Protocol:** If student athlete presents the following 24-48 hours post-injury...
 - Asymptomatic
 - Normal physical exam and normal symptoms sheet by Keller ISD medical staff
 - Non-contact sports appropriate practice with no symptoms occurring
 - Then student may return to full participation.
- 4) **Hard protocol:** If student athlete continues to experience closed head injury symptoms 48 hours post-injury, then he/she enters one of the following protocols (confirmed head injury):
 - Diagnosis of a concussion by a physician (documentation required)
 - Physical exam/symptoms sheet by Keller ISD medical staff
 - 48 hours symptom free (cognitive test given)
 - Cognitive test interpreted as normal by CIC physician and athlete has a normal physical exam
 - Completion of return to play progressions with no reoccurring symptoms
 - Completed and signed UIL release form
- 5) Teacher will receive an informational letter concerning the student athlete from an athletic trainer, school administrator or nurse, a copy of the informational letter will be sent to the coach that is involved with the student athlete.

6) If physicians deem it necessary to prescribe academic accommodations, those accommodations will be communicated immediately with:

- Appropriate Assistant Principal
- Appropriate Counselor
- Teachers
- Nurse
- Head Coach

The Athletic Trainer will be responsible for communicating modifications with the appropriate assistant principal, who in turn will be responsible with contacting the teachers of the student athlete.

CIC Physician Definition:

Clinicians who have earned the title of Credentialed ImPACT Consultant (CIC) have undergone specialized ImPACT training and education to offer state-of-the-art concussion care management to their patients. ImPACT offers training courses that help CICs administer the test properly, interpret clinical data, detect errors on clinical reports, incorporate data from vestibular and ocular screenings, identify sandbaggers, select post-injury treatment options and academic accommodations, and much more.

KISD High School Closed Head Injury Process – Game and Practice Procedures



Athletic Trainer present



Initial Evaluation:
Athletic trainer informs the parent and athlete of follow-up instructions and give them home care sheets.

Athletic Trainer not present



Coach contacts about injury, and gives them the home care instructions. Also contacts athletic trainer about injury.



Re-evaluate 24-48 hours post injury. Determine concussion status.

Return to play if no concussion is suspected.



If concussion is suspected, notify and refer to physician for further evaluation.



Follow physicians orders: Symptom Sheets, Impact tests, academic modifications, etc.



Return to play progression after cleared by CIC physician.



UIL release form signed by designated medical staff and parent.

KISD Middle School Closed Head Injury Process – Game and Practice Procedures

Injury

The child visits the nurse first:

Nurse informs the MS coordinator or coaching staff and HS athletic trainer of injury.

Contract athletic trainer (if present) informs coach of possible head injury. Coach contacts parents to inform them of injury and gives them home care sheet.

Coach informs HS athletic trainer and schedules time for evaluation.

Coach informs the parent about the times to get their child evaluated by the HS athletic trainer.

Initial Evaluation by athletic trainer

Re-evaluate 24-48 hours post injury. Determine concussion status.

Return to play if no concussion is suspected

If concussion is suspected, notify and refer to physician for further evaluation.

Follow physician's orders: Symptom Sheets, Impact tests, academic modifications, etc. Nurses assist with symptom sheets and administration of Impact test.

Return to play progression after cleared by CIC physician.

UIL release form signed by designated medical staff and parent.

